# Hilltopper Wellness Center Membership Registration Form



	Date of Birth					
Address						
City		State	eZip Code			
Phone	E	-Mail	l			
	Emergeno	cy Co	ntact Information			
Name/Relationship Phone						
	Meml	bershi	p Information			
YEARLY		PLAN			PLAN	
Adult (Resident)	\$50		Adult (Resident)	\$5		
Adult (Non-Resident)	\$100		Adult (Non-Resident)	\$10 ©10		
Family (3+Members, Resident			Family (3+Members, Resident)	\$10		
		_	Family (3+Members, Non-Resident) College Student/ Senior Citizen*	\$20 \$5		
Family (3+Members, Non-Res						
Family (3+Members, Non-Res College Student/ Senior Citizer FOB at Time of Registration	\$10	\$10	FOB at Time of Registration	\$10	\$10	

We strive to uphold a safe, fun, and family-oriented environment. We expect proper and respectful conduct on the premises at all times. We do not permit disrespectful conduct toward our staff, guests, employees, vendors, or property. This includes, but is not limited to, vulgar, profane, indecent, offensive, violent, hostile, aggressive, threatening, harassing, stalking, fraudulent, or other inappropriate conduct or communications.

#### **Hours of Operation:**

- 5:00am 10:00pm Monday Friday
- Priority Given to GCSD Students and Athletic Teams (Schedule on R-School)
- 5:00am 10:00pm Saturday and Sunday
- This space may be closed at the discretion of the District at anytime
- Daily Cleaning will take place from 12:45pm to 1:30pm

## **ID FOB and Check-In:**

Members must have a Hilltopper Wellness Center issued FOB to access this area. The School District takes the safety and security of all who use our facilities seriously. Thank you in advance for helping us keep our facility safe. Members are not allowed to access the rest of the GCSD building.

## **General Rules for Hilltopper Wellness Center:**

- No one under the age of eighteen is allowed in the Hilltopper Wellness Center without a parent or guardian
- Always wear proper safety gear for any lifts that put your body at risk. (Examples: squats, leg press, military press, etc.)
- All weight plates are to be unloaded off long bars before leaving the fitness room at the end of your workout session
- Always wipe off cardio machines and benches after workout sessions
- No running or horseplay in the Hilltopper Wellness Center
- All equipment is to be used in an appropriate manner
- Know your limits with use of weight equipment
- Use proper lifting and breathing technique for all lifts
- The last person in the fitness room be sure that all doors are securely locked

I have read, understand, and agree to abide by the rules and regulations for the usage of the Hilltopper Wellness Center as outlined in the handbook listed on the GCSD website. I understand the Hilltopper Wellness Center is under 24 hour video surveillance for security reasons. I understand that if I violate any of the rules or regulation, my membership privileges may be revoked. I agree to be financially responsible for any damages that occur from the misuse of any furniture and equipment by myself and those listed in this agreement.

#### Member Name (print) \_\_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_

For Office Use Only

Payment Information	
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FOB #(s) \_\_\_\_\_

Membership Start Date \_\_\_\_\_